

Medical authorisation for travel

THIS CHILD IS AT RISK OF A LIFE-THREATENING ALLERGIC REACTION (anaphylaxis) as detailed overleaf.

Name (as shown in passport):

Date of Birth:

This child's action plan and emergency medications should be easily accessible at all times while travelling. Emergency medications may include:

- one or more of adrenaline autoinjector (e.g. EpiPen[®], Jext[®], Emerade[®]) device(s).
- antihistamines (as tablet or syrup)
- immunotherapy solutions
- asthma medications

The family must be allowed to carry with them a safe supply of food and liquids appropriate for the travel period. For infants, this may include infant milk formula.

Immediate administration of an adrenaline autoinjector is the first line treatment for anaphylaxis.

This is a single, fixed dose of adrenaline which can be life-saving.

The luggage hold of an aircraft is **NOT** an appropriate place for the storage of emergency medications, as these:

- need to be readily available
- can be broken with rough handling
- may be lost if luggage goes astray
- must not be subjected to temperature fluctuations.

EpiPen[®] / Jext[®] / Emerade[®] autoinjectors must therefore be carried in hand luggage or on the person.

This medical authorisation has been prepared by:

Dr: _____ Signed: _____ Date: _____